

Spa & Wellness In Cyprus





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In recent years, Cyprus has emerged as one of the leading spa destinations of the Mediterranean thanks to the world-class spa facilities available at the magnificent luxury hotel resorts and the state-of-the-art well-being centers.

Cyprus spa centers provide holistic wellness using the broadest range of popular techniques for the mind, body and soul including a great variety of body and facial treatments, mineral spas, hydrotherapy centers and thalassotherapy centers.

If you wish to discover the art of relaxation and solace the only thing you must do is to visit Spa & Wellness centers all over Cyprus or Hotels that are famous for their spa facilities.

Hotels with spa centers are the following:



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Casale Panayiotis in Kalopanayiotis Village

The village of Kalopanayiotis welcomes you to enjoy the mountains and immerse yourself in daily village life. Wander the trails, relax in the spa, discover local food and drink, meet the people and live their culture. Revitalise with a thermal sequencing journey of sauna, mint ice mist, herbal steam room, snow cabin, tropical rain and foot baths. Enjoy a body detox in our rasul mud cabin, relax in the hydrotherapy pool or indulge in one of our seven luxurious treatment rooms and private whirlpools. If all this leaves you with an appetite, stay robed and enjoy a spa lunch.



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Four Seasons Hotel 5* in Limassol

The prestigious independently owned and operated Four Seasons Hotel lies on a sandy beach east of Limassol. This five-star luxury hotel in Limassol is the pinnacle of luxury & style, combining impeccable facilities with world class hospitality and service. Welcome to the exclusive Shiseido Spa, at the Four Seasons Cyprus. From the moment you walk through the door as there honoured guest the aim is to take you on a journey of tranquillity whilst increasing the well-being of your body, soul and mind, designed to stimulate your senses and delivered by there team of highly qualified international therapists.



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Olympic Lagoon Resort 5* in Paphos

Variety is our secret, with a choice of rooms and suites, themed pools, leisure facilities and tailored animation for families with children as well as adults only. Wherever you look the evidence is clear: the Olympic Lagoon Resort Paphos was conceived and designed to offer everyone a wonderful holiday experience – with a touch of exclusivity.

Whether you are a regular spa visitor or a first-timer, your Olympic Lagoon holiday is the perfect opportunity to bring out the best in 'you'. Take advantage of the health and beauty treatments available at the Serenity Spa, and allow our trained consultants to guide you through the à la carte menu or treatment packages.



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Ayii Anargyri Natural Healing Spa Resort in Paphos area

The Ayii Anargyri Spa Resort offers a complete range of spa treatments in there exclusive spa, fed by the mineral-rich sulphur waters of the Ayia Anastasia spring.

They are the only Paphos spa using natural spring water, which is channeled into three treatment pools, for kinesiotherapy, rheumatology and phlevology. There medical spa treatments are intended for conditions such as arthritis, rheumatism, gout and joint pain.

They complement our medical spa treatments with a wide range of wellness treatments, including face and body care, massage therapies, fitness and physiotherapy.